



Satya Life Yoga
strong body, quiet mind

AFTER SCHOOL KIDS YOGA REGISTRATION FORM

Grades 1–5 (Ages 6–11) • Mondays, Wednesdays & Fridays • 4:00–4:45 PM

Please complete one form for each child. A signed Parent Agreement and online liability waiver are required before the first class.

CHILD INFORMATION

Child's Full Name	Preferred Name / Nickname
Date of Birth	Age / Grade
School	Pronouns (optional)

PARENT / GUARDIAN INFORMATION

Parent / Guardian Name	Relationship to Child
Primary Cell Phone	Email Address
Alternate Phone	

AUTHORIZED PICK-UP & EMERGENCY CONTACTS

Authorized Pick-Up Person #1	Relationship / Phone
Authorized Pick-Up Person #2	Relationship / Phone
Emergency Contact Name	Relationship / Phone
Pickup Restrictions / Persons Not Authorized (optional)	

HEALTH, SAFETY & SUPPORT

Allergies / Medical Conditions	Physical Limitations / Injuries
Medications / Safety Information	Sensory / Emotional / Behavioral Supports
Emergency Response Instructions (if applicable)	

SESSION SELECTION

\$102 per 2-week session • 6 classes total

☐ **SESSION 1**
Oct 5–16

☐ **SESSION 2**
Oct 19–30

☐ **SESSION 3**
Nov 2–13

☐ I understand that a parent/guardian must remain within the required 2-minute response radius during class and be immediately reachable by phone.

PARENT / GUARDIAN CONFIRMATION

I confirm that the information above is accurate and will notify the instructor of relevant changes.

Parent / Guardian Signature	Date
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AFTER SCHOOL YOGA PARENT AGREEMENT

Location: Satya Life Yoga

Schedule: Monday, Wednesday, Friday | 4:00 PM – 4:45 PM

Policies & Procedures

◆ 1. Drop-Off, Pick-Up & The "2-Minute Rule"

- **Arrival & Transition:** Please arrive between 3:50 PM and 3:55 PM so your child can settle in, remove shoes, and use the restroom before class begins promptly at 4:00 PM.
- **The 2-Minute Proximity Rule:** Parents/guardians are required to remain on the immediate premises or within a 2-minute response radius of Satya Life Yoga for the entire 45-minute class duration. You must be available to return to the studio space within 2 minutes at any point during class if your child needs assistance, personal care, or behavioral support.
- **Phone Availability (Ringer on Loud):** To ensure you are immediately reachable under the 2-minute rule, you must keep your cell phone ringer on loud (not on silent or vibrate) for the duration of the class. The current instructor/program contact will use the primary cell number on your child's registration form if your assistance is needed. Instructor personal contact information is not required for participation.
- **Dismissal:** Class concludes at 4:45 PM. To preserve the calm, quiet atmosphere of our final relaxation time, parents/guardians are asked to wait outside the studio space until 4:43 PM before entering for pick-up.
- **Timely Pick-Up & Late Fee:** Dismissal is prompt at 4:45 PM. If a child is not picked up by 4:50 PM, a late pick-up fee of \$1.00 per minute will be billed to compensate staff time.
- **Authorized Pick-Up:** Children will only be released to individuals designated on the child's registration form. If someone else will be picking up your child, advance written notice is required.

◆ 2. Attire, Belongings & Snacks

- **Water Bottles:** All water bottles must be clearly labeled with your child's first and last name. Upon arrival, all water bottles will be placed directly into a designated classroom basket to keep the movement floor clear and prevent spills.
- **No Food or Gum:** For safety, choking prevention, and studio cleanliness, no chewing gum, candy, or snacks are permitted during class.
- **Clothing:** Children should wear comfortable, flexible clothing suitable for movement (e.g., leggings, sweatpants, t-shirts). Classes are practiced barefoot for safety and stability. Shoes and socks will be removed prior to entering the practice space.
- **Items to Leave at Home:** Please leave toys, personal electronics, and jewelry at home or with parents to prevent loss, damage, or distractions. Satya Life Yoga and program instructors are not responsible for lost, stolen, or damaged personal belongings.

◆ 3. Restroom Independence & Personal Care

- **Pre-Class Restroom Use:** Children should use the restroom prior to the 4:00 PM start time.



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- Restroom Independence: Children must be fully restroom-independent. Instructors do not enter restroom stalls or assist with personal hygiene.
- Parent-Assisted Restroom Breaks: To maintain focus and prevent disruption to the class:
- If your child needs to use the restroom during class, the instructor will call you immediately under the 2-minute proximity rule.
- Parents must meet their child at the front entrance/lobby of the studio to escort them to an off-site/nearby public restroom.
- Parents and children should re-enter quietly through the front entrance when returning so the remaining students can stay focused on their practice.

◆ 4. Health, Wellness & Medical Authorization

- Symptom-Free Requirement: For the health of all students and staff, children experiencing fever, vomiting, persistent coughing, or contagious conditions must remain home until symptom-free for at least 24 hours without medication.
- Physical Fitness: The parent/guardian confirms that the registered child is in suitable physical condition to participate in group movement activities.
- Medical Updates: Parents must notify the instructor of any new injuries, physical limitations, allergies, or medical conditions that arise during your child's enrollment in the program.
- Emergency Medical Care: In the event of a medical emergency, instructors will attempt to contact the parent immediately. If necessary, instructors are authorized to administer basic first aid and contact emergency medical services (911) at the parent/guardian's expense.

◆ 5. Hands-On Yoga Pose Assists & Boundaries

- Instruction is primarily visual and verbal.
- Any physical touch or hands-on assists are strictly limited to guiding safe yoga pose alignment, balance support, and body awareness.
- All pose assists will be gentle, age-appropriate, and preceded by asking the child's permission ("consent-based assists"). Children are always free to decline adjustments, and their preference will be respected immediately.

◆ 6. Behavior, Respect & Safety

- Community Culture: Our classes emphasize kindness, body awareness, and mutual respect. Safe use of bodies, voices, and yoga materials is expected at all times.
- Behavior Support: If a child experiences distress, frustration, or difficulty following safety boundaries:
- The instructor will provide a calm reset or alternative quiet option within the room.
- If behavior consistently compromises their own safety or the safety of others, the instructor will call the parent immediately under the 2-minute proximity rule to assist.
- The program reserves the right to remove a child from the session if repeated unsafe behavior cannot be resolved.



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◆ 7. Tuition, Attendance & Non-Refundable Policy

- Registration & Payment: Full payment of \$102.00 secures your child's spot for the designated 2-week session. Spots are filled on a first-come, first-served basis.
- Attendance & Missed Classes: Because class capacity is capped to maintain a safe, high-quality environment, registration reserves a specific place in the roster for all 6 dates. Fees are non-refundable, and missed classes cannot be rolled over, refunded, or credited toward subsequent 2-week sessions.
- Rollover / Continuing Enrollment: Families currently enrolled will receive priority registration to renew for the following 2-week session before open spots are released to the waitlist.
- Program Cancellations: If a class session is canceled by Satya Life Yoga due to instructor illness or facility closure, a designated makeup session or proportional studio credit will be provided.

◆ 8. Photo / Media Preference (Please select one)

- ☐ I GRANT PERMISSION for photos/short videos of my child to be used in class recaps or program promotional materials (names are never published).
- ☐ I DO NOT GRANT PERMISSION for my child's photo/likeness to be used.

I have read, understood, and agree to all policies, tuition terms, safety rules, and operational guidelines outlined in this After School Yoga Parent Agreement at Satya Life Yoga.

Child's Full Name: _____

Primary Parent/Guardian Name (Printed): _____

Primary Cell Phone (Must be on loud during class) : _____

Primary Email: _____

Parent/Guardian Signature: _____

Date: _____

FOR STUDIO USE ONLY

- ☐ Registration form received ☐ Parent Agreement signed ☐ Online waiver complete ☐ Payment complete
☐ WellnessLiving verified



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GETTING STARTED

WellnessLiving Setup & Registration Checklist

Questions or need assistance? Satya Life Yoga • (863) 802-YOGA (9642) • info@satyalife.com • satyalife.com

Complete these four WellnessLiving steps for each child before the first class. Create the parent account first, then complete the child profile, waiver, and booking while using the correct profile.

1 Create Your Parent Account

Use your own name and email—not your child's.

- Sign up on satyalife.com or the WellnessLiving Achieve app using your own details.

2 Add Your Child

Crucial: Enter their exact birthdate so kids' classes appear.

- Go to Profile > Relationships > Add Relationship.
- Enter your child's name, choose Child, and set payments to Me.
- Repeat for any siblings.

3 Sign the Waiver

Each child needs their own signed waiver.

- Tap your profile icon, choose Switch Profile, and select your child.
- A waiver prompt will appear—sign as the parent/guardian and submit.

4 Book and Pay

Must be done while switched into the child's profile.

- Stay on your child's profile, head to the Schedule, select the Kids Yoga class, and check out using your card.

BEFORE YOUR CHILD'S FIRST CLASS

- ☐ Parent WellnessLiving account created.
- ☐ Child added under Relationships with exact birthdate
- ☐ Child's waiver signed while switched into the child profile
- ☐ Kids Yoga class booked and paid while in the child profile
- ☐ Satya Life Yoga registration form completed
- ☐ After School Yoga Parent Agreement reviewed and signed

Helpful reminder: If the kids' class does not appear, confirm the child's exact birthdate and make sure you are switched into the child's profile.